

ผลการศึกษาพบว่า การสนับสนุนทางสังคมของครอบครัวอยู่ในระดับสูง พฤติกรรม การดูแลตนเองอยู่ในระดับที่เหมาะสม และมีความสัมพันธ์ระดับต่ำ ระหว่างการสนับสนุนทางสังคมของครอบครัว และพฤติกรรมการดูแลตนเองโดยรวม และในด้านความเบี่ยงเบนทางสุขภาพ ($p < .05$)

มหาวิทยาลัยเชียงใหม่
Chiang Mai University

Thesis Title Family Social Support and Self-care Behaviors among Chronic Obstructive Pulmonary Disease Patients

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Abstract

This descriptive correlational study aimed to describe family social support and self-care behaviors and to ascertain the relationship between family social support and self-care behaviors among COPD patients. A purposive sampling was used to recruit 60 COPD patients attending the pulmonary clinic at the first teaching hospital of Huaxi medical university in Chengdu, Sichuan province, P.R. China from September to January, 1999. Instruments used in this

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study were a Demographic Data Recording Form, Modified Perceived Social Support from Family Scale (MPSS-Fa) developed by Zhang (1997), and Self-care Behavior Scale for COPD Patient (COPDSC) developed by the researcher. The content validity of Self-care Behavior in COPD patient was assessed by a panel of experts. The reliability of the two instruments was examined using 15 subjects who met the criteria for sample selection. The obtained alpha value of KR-21 of MPSS-Fa and Cronbach's alpha value of COPDSC were .86 and .82 respectively. Data were analyzed in terms of frequency, percentage, mean, standard deviation and Pearson's product moment correlation coefficient. Results of this study revealed that the family social support of COPD patient was at a high level while self-care behaviors were appropriate. There was a slight statistically significant positive relationship between family social support and total self-care behaviors as well as self-care behaviors for meeting health deviation self-care requisites ($p < .05$).